Having described the invention, we claim:

- 1. A slack adjuster for a vehicle brake, said slack adjuster comprising:
- a slack adjuster body having a cylindrical inner surface at least partially defining a chamber in said body;
  - a worm gear received in said chamber in said body; and
- at least one low friction ring engaging said worm gear and said body and supporting said worm gear for rotation in said chamber in said body.
- 2. A slack adjuster as set forth in claim 1 wherein said worm gear has a gear tooth portion between first and second end portions, said slack adjuster comprising a first and second low friction rings on opposite ends of said gear tooth portion of said worm gear.
- 3. A slack adjuster as set forth in claim 2 wherein said worm gear has first and second shoulders on opposite ends of said gear tooth portion, said first low friction ring being located on said first shoulder and said second low friction ring being located on said second shoulder.
- 4. A slack adjuster as set forth in claim 3 wherein said low friction rings provide both axial and radial support of said worm gear in said body.
- 5. A slack adjuster as set forth in claim 3 wherein said low friction rings are made from nylon.
- 6. A slack adjuster as set forth in claim 3 wherein said low friction rings are made from oil-impregnated bronze.
- 7. A slack adjuster as set forth in claim 2 wherein said low friction rings are split rings.

- 8. A slack adjuster as set forth in claim 1 wherein said low friction ring provides both axial and radial support of said worm gear in said body.
- 9. A slack adjuster as set forth in claim 1 wherein said low friction ring comprises a cylindrical sleeve received in said chamber in said slack adjuster body, said worm gear having a gear tooth portion between first and second lands, said sleeve being axially co-extensive with said gear tooth portion and with said lands of said worm gear, said lands engaging said sleeve to support said worm gear in said body.
  - 10. A slack adjuster as set forth in claim 9 wherein said sleeve is made from nylon.
- 11. A slack adjuster as set forth in claim 9 wherein said sleeve is made from oil-impregnated bronze.
- 12. A slack adjuster as set froth in claim 10 further comprising a worm for adjusting said slack adjuster, said sleeve having an opening for allowing said worm to project into said sleeve to engage said worm gear.
  - 13. A slack adjuster as set forth in claim 9 wherein said sleeve is a split sleeve.
- 14. A method of remanufacturing a slack adjuster comprising the steps of: removing a worm gear and at least one low friction ring from a body of the slack adjuster;
  - setting aside the removed low friction ring;
    putting the worm gear and at least one new low friction ring into the body.
- 15. A method as set forth in claim 14 wherein said step of putting the worm gear and at least one new low friction ring in the body comprises sliding a sleeve into the body, the sleeve having a cutout for a worm to engage with the worm gear.

16. A method as set forth in claim 15 wherein said step of putting the worm gear and at least one new low friction ring in the body comprises putting two low friction rings into the body together with a worm gear having two shoulders for receiving the two low friction rings.